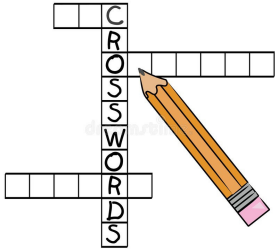


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreationists Cassandra Azzopardi - Ext. 2496 cazzopardi@elliottcommunity.org Melissa Van Bommel - Ext. 2232 mvanbommel@elliottcommunity.org Alicia Donaghy adonaghy@elliottcommunity.org Recreation Supervisor Michelle Holland Ext. 2366 mholland@elliottcommunity.org Chaplain Pastor Mike Dell- Ext. 2248 chaplain@elliottcommunity.org	Program Location Legend EB- Ellington Basement M- Main Lobby CC- Community Centre ER- Exercise Room RR - Resident's Room TR - Ellington Tea Room BR - Elliott Boardroom CP - Cheers Patio BCY - Back Courtyard L- Library	General Store Hours Sunday: 1:00 - 3:30pm Monday: 9:30 - 11:30am Tuesday: 1:30 - 3:30pm Wednesday: 9:30am - 3:30pm Thursday: 9:30am - 12:30pm Friday: 9:30am - 12:00pm Saturday: CLOSED 	1 9:30am Word Connect - EB 10:30am VON Exercises - ER 1:30pm Decorating for Autumn - M 2:45pm Afternoon Tea - TR 3:00pm Creative Colouring - L 	2 9:15am VON Exercises - ER 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:00pm Fall Leaf Tour Outing (Sign up with Recreation) 1:30pm Word Games: Scattergories - L 2:30pm Sit, Knit & Socialize - L 2:45pm Afternoon Tea - L 6:15pm Movie Matinee 	3 9:30am Seated Exercise - ER 10:30am Morning Bingo - EB 1:30pm Singing Group with Mairead - EB 1:30pm Pamper Me: Nail Painting - TR 2:00pm Stories from Guelph Mission with Marion Reidel - CC 2:45pm Afternoon Tea - TR 3:00pm Creative Arts - EB 3:00pm Ukulele Group - EB	4 9:45am Seated Exercise - ER 1:30pm Crosswords - EB 2:45pm Afternoon Tea - TR 
5 10:00am Chapel Service with Pastor Mike - C 1:30pm Afternoon Bingo - EB 2:45pm Afternoon Tea - TR 	6 9:30am Geography Bee - EB 10:30am Recreation Committee Meeting - EB 1:30pm Thanksgiving Travelling Cart - RR 2:00pm Sound Bath Meditation Class with Mike Tudisco - CC 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:45pm Name 6 with Afiya - TR 	7 9:30am Ellington Exercise Room Assistance - ER 10:30am Friendly Visits with Kyle - RR 1:30pm VON Exercises - ER 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M 6:45pm Bingo - EB 	8 8:15am Men's Omelet & Sausage Breakfast Club (Sign up with Recreation)- TR 10:00am Trinity United Communion Service - C 10:30am VON Exercises - ER 2:00pm Happy Hour with Paul Horton - CC 2:45pm Afternoon Tea - TR 	9 9:15am Seated Exercise - ER 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Word Connect - EB 2:45pm Musical Entertainment with Woody Woodburn - M 2:45pm Afternoon Tea - TR 6:15pm Documentary - M 	10 10:00am Bell Choir with Mairead - EB 1:30pm Word Challenge - EB 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB 	11 10:30am Pass The Word Along - EB 2:00pm Thanksgiving Social with Brent Meidinger - CC 2:45pm Afternoon Tea - TR 
12 10:00am Chapel Service with Pastor Mike - C 2:45pm Sit, Knit & Socialize - L 2:45pm Afternoon Tea - TR 	13 1:30pm Trivia: More or Less - EB 2:30pm Sing Along - M 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:45pm Never Have I Ever - TR 	14 9:30am Ellington Exercise Room Assistance - ER 10:30am Creative Colouring - L 1:45pm Rick Steves' Travelogue: Germany's Romantic Rhine & Rothenburg - EB 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M 6:45pm Bingo - EB 	15 10:00am Holy Rosary Catholic Mass- Ellington Basement - C 1:30pm Seated Exercise - ER 2:45pm Afternoon Tea - TR 3:00pm Scrabble - EB 	16 9:15am VON Exercises - ER 10:00am Rosary Group - EB 10:30am Flower Arranging - L 2:00pm Birthday Party with John Pebble - CC 6:15pm Movie Matinee - M 	17 9:30am Ellington Exercise Room Assistance - ER 10:30am Seated Tap Dancing - ER 1:30pm Singing Group with Mairead - EB 1:30pm Value Village Shopping Outing (Sign up with Recreation) 1:30pm Paraffin Wax Hand Treatments (Sign up with Recreation) - L 2:45pm Afternoon Tea - TR 3:00pm Visits with Melissa - RR 3:00pm Ukulele Group - EB	18 9:45am Seated Exercise - ER 1:30pm Sing Along - M 2:00pm Pumpkin Decorating with students from U of G 2:45pm Afternoon Tea - TR 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00am Chapel Service with Pastor Mike - C 1:30pm Crosswords - EB 2:45pm Afternoon Tea - TR 	20 Diwali 9:30am Guelph Fire Department Tour (Sign up with Recreation) - CC 10:00am Food Committee Meeting - TR 1:30pm Trick or Treat Travelling Cart - RR 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 	21 9:30am Ellington Exercise Room Assistance - ER 10:30am Friendly Visits with Kyle - RR 10:30am Dublin Street United Communion Service - C 1:30pm VON Exercises - ER 2:00pm Resident Town Hall Meeting - EB 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M 6:45pm Bingo - EB 	22 8:15am Omelet & Sausage Breakfast Club (Sign up with Recreation) - TR 10:00am St Andrew's Presbyterian Chapel Service - C 10:30am VON Exercises - ER 2:00pm Guelph Wellington Men's Club Choir Performance - CC 2:45pm Afternoon Tea - TR 	23 10:00 - 2:00 Stars of Modern Jewelry Sale (outside the CC) 9:15am VON Exercises - ER 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Sit, Knit & Socialize - L 2:45pm Hot Chocolate & Cookie Social - TR 6:15pm Documentary - M 	24 Breast Cancer Awareness Day - Wear Pink 9:15am Ellington Exercise Room Assistance - ER 10:00am Bell Choir with Mairead - EB 10:15am Friendly Visits with Alicia - RR 1:30pm Word Connect - EB 2:45pm Pink Social - TR 3:00pm Ukulele Group - EB 	25 9:30am Book Club - EB 2:00pm Boo Bash with Eric the Balloon Twister - CC 2:45pm Afternoon Tea - TR 
26 10:00am Chapel Service with Pastor Mike - C 1:15pm Guelph Storm Game Outing (Sign up with Recreation) 2:45pm Afternoon Tea - TR 	27 11am-12pm Bookmobile 2:00pm Whole Home Team Trivia - CC 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:45pm Piano with Alicia - M 	28 9:30am Ellington Exercise Room Assistance - ER 10:30am Creative Colouring - L 1:30pm VON Exercises - ER 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M 6:45pm Bingo - EB 	29 9:15am Coffee, Tea & Trivia - EB 10:30am VON Exercises - ER 2:00pm Accordion with Gary - C 2:30pm Word Connect with Noor - EB 2:45pm Afternoon Tea - TR 	30 9:15am VON Exercises - ER 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Visits with Melissa - RR 2:45pm Wine & Cheese Social - TR 2:45pm Afternoon Tea - TR 6:15pm Movie Matinee - M 	31 Hear Right Canada Clinic 2:00-3:00 - L 9:30am Ellington Exercise Room Assistance - ER 10:30am Word Games: Scattergories - L 1:30pm Singing Group with Mairead - EB 2:00pm Halloween Party with the Remedy Band - CC 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB 	HAPPY HOUR!! Join us in the newly renovated Hub Community Cafe Every Monday and Friday from 2:30 - 3:30pm Cost is \$5.00/alcoholic drink (1 drink maximum)